

2017 "10 Weeks" Weight Loss Challenge

DON'T STOP NOW... LET'S KEEP GOING...

SEPTEMBER 18, 2017 THROUGH DECEMBER 15, 2017

INITIAL WEIGH-IN, BIO-METRIC SCREENINGS AND FLU SHOTS

SEPTEMBER 18, 2017 - SEPTEMBER 29, 2017

at the Telemedicine Clinic

2150 W. 18th Street, Suite 108

Houston, Texas 77008

713-442-8353

MONDAY—FRIDAY (10:00 a.m.—3:00 p.m.)

FINAL WEIGH IN DATES TO DETERMINE WINNERS

DECEMBER 11, 2017—DECEMBER 15, 2017

at the Telemedicine Clinic

2150 W. 18th Street, Suite 108

Houston, Texas 77008

713-442-8353

MONDAY—FRIDAY (10:00 a.m.—3:00 p.m.)

EARN 25 POINTS

HEALTH ASSESSMENTS—SEPTEMBER 18, 2017 THROUGH DECEMBER 15, 2017

OVER ALL CHALLENGE



(MAN & WOMAN) 1ST PLACE—IPad (EACH)
(MAN & WOMAN) 2ND PLACE—\$200 (EACH)
(MAN & WOMAN) 3RD PLACE—BIKE (EACH)

COUPLES CHALLENGE

EMPLOYEE & SPOUSE



1ST PLACE — IPod & IWatch (EACH)
2ND PLACE—FITBIT WATCH (EACH)
3RD PLACE—\$100 (EACH)

WOMEN'S CHALLENGE



TOP FACILITY WINNERS—IWatch

MEN'S CHALLENGE



TOP FACILITY WINNERS—IWatch

WINNERS WILL BE ANNOUNCED ON DECEMBER 20, 2017

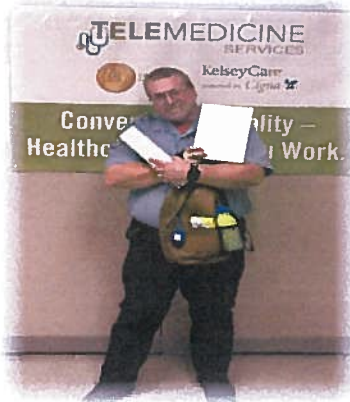




Transport Workers Union-Health & Welfare Trust

CONGRATULATIONS!

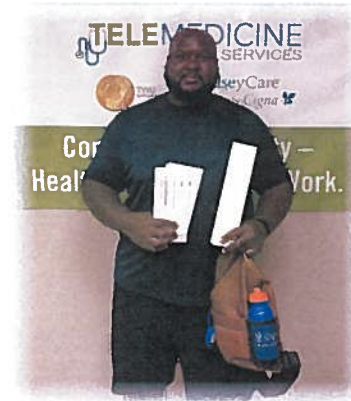
to the winners of our 72 day Weight Loss Challenge



1st Place & Facility Winner
Christ White
Hiram Clarke



2nd Place & Facility Winner
Ronald Francis
Fallbrook



3rd Place & Facility Winner
Ronald Williamson
S&I

FACILITY WINNERS!



Henry Norris
Field Service



Tangelia Metcalf
Polk



Pedro Salazar
Rail



Lisa Garcia
ashmere



Gilberto Torrez
West



Abdul Khan
Polk